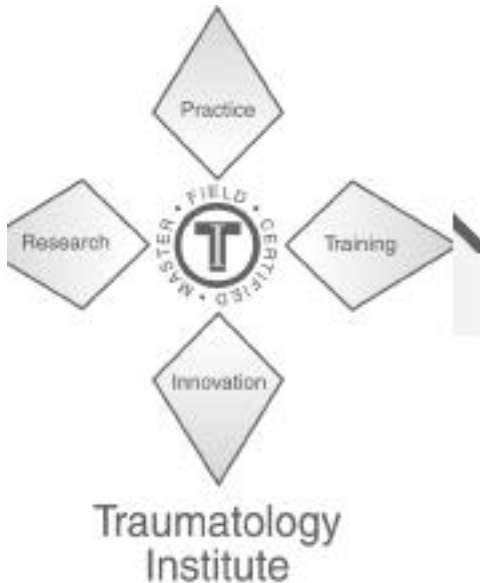


# International Traumatology

## REVIEW OF TRANSCRIPT

## Institute



University of South Florida  
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 (813) 974-5421 (FAX)  
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### Equivalency Application

*This application provides instruction for those students wishing to acquire equivalency certification for one or more of the International Traumatology Courses. Please feel free to contact us at the above location if you need assistance with this application.*

<b>Name</b>					
<b>Address</b>					
<b>City</b>		<b>State</b>		<b>Zip</b>	
<b>Telephone</b>	( )	<b>home</b>	( )	<b>work</b>	
<b>email</b>					

Please indicate the course(s) in which you are applying for equivalency and total fee included with this application.

Course/Certification Equivalency	Fee	Total
Traumatology 1001: Field Traumatology	\$ 50.00	
Traumatology 1002: Clinical Practice	50.00	
Traumatology 1003: Contextual & Systemic Traumatology	50.00	
Traumatology 1004: Treatment	50.00	
Traumatology 1005: Practicum	50.00	
CERTIFICATION: Field Traumatology	50.00	
CRTIFICATION: Certified Traumatologist	50.00	
<b>Total</b>		

The criteria for earning certification as a Traumatologist are as follows:

**Field Traumatologist:** Completion of a T-1001 course from an approved International Traumatology Institute site.

**OR**

1. Prerequisite (FEMA's Incident Command System- IS-195 & A Citizen's Guide to Disaster Assistance- IS-7);
2. Field Traumatology Equivalency Evaluation Application with accompanying documentation & fee (\$50.00); and,
3. Upon approval of equivalency application, the applicant must remit a Field Traumatology Certificate Fee (\$50.00).

**Certified Traumatologist:** Completion of T-1001, T-1002, T-1003, T-1004, & T-1005 courses from an approved International Traumatology Institute site and 20 hours of supervised practicum (Traumatology 1005) plus 100 hours of face-to-face assistance with trauma survivors.

**OR**

1. Application and documentation for equivalency in Traumatology 1001 – 1005. There is 50.00 Transcript and Equivalency Fee for each course in which you are seeking equivalency (i.e., if you are seeking equivalency in all five courses, your Transcript and Equivalency Fee will be \$250.00).
2. Document 20 hours of supervised practicum (Traumatology 1005) plus 100 hours of face-to-face contact with traumatized people;
3. Upon approval/completion of all courses, remittance of a Certified Traumatologist Certificate Fee (\$50.00).  
Note: If the applicant wishes to obtain both the designations of Field Traumatologist and Certified Traumatologist, two Certificate Fee must be included (\$50.00 for Field Traumatologist and \$50.00 for Certified Traumatologist).

The Institute recognizes that many professionals in the field have already completed training or course work that is similar enough in content to that of the Traumatology Institute, that it meets the criteria for equivalency. Similarly, individuals may have fulfilled the requirements for experience in a variety of different settings, which may be approved for practicum equivalency as well.

You may apply for equivalency by completing this section of the application form and attaching the appropriate documentation. For the educational requirements, this includes a course syllabus/agenda and transcript/ certificate showing course completion. The 100 hours of practice and the 20 hours of supervision may be documented in one of two ways: 1) by submitting a letter or other relevant document from the organization(s) with which one has performed the hours or 2) having the supervisor complete the appropriate section of the Review of Transcript form and attach a copy of the supervisor's curriculum vitae. In either case, a copy of the applicant's curriculum vitae should be included.

Please label all attachments clearly.

***There is a processing fee of \$50 per transcript review per each course requested.***

Please note: You do not need to submit an application for transcript review for traumatology courses taken at an International Traumatology Institute licensed training site. However, please do include a copy of the Certificate of Completion for these courses (without any fee).

## **TRAUMATOLOGY 1001 – Emergency Mental Health: Field Traumatology**

This course covers the knowledge and skills needed to respond to the emotional trauma associated with natural or human-caused disasters or crises, including hurricanes, tornadoes, shootings, and accidents. Topics include important steps to lessen the potential negative impact of such crises and how to arrange for additional resources to help prevent/resolve possible long-term stress/trauma. The needs of special populations, including children, will be covered. In addition, compassion fatigue risk factors, symptoms, and prevention/self-care strategies will be described. Green Cross Projects deployment protocols will also be taught. The course format will be 16 hours of didactic material plus 12 hours of practicum over two weekends.

Prerequisite: FEMA's Independent Study Courses: A Citizen's Guide to Disaster Assistance (IS-7) and Incident Command System (IS-195) found at FEMA's Emergency Management Institute Website: <http://www.fema.gov/emi/crslist.htm>

Equivalency will be awarded for those applicant who have successfully demonstrated that they have achieved the following knowledge and skills from their training and work outside the International Traumatology Institute:

- *Define levels of stress and related symptoms*
- *Differentiate between stress and trauma*
- *Describe the four types of trauma*
- *Define grief stages and bereavement*
- *Discuss overlapping areas of trauma and bereavement*
- *Conduct an initial trauma assessment*
- *Describe the Four Waves of Intervention*
- *Utilize the FEMA funded Crisis Counseling Program*
- *Demonstrate the six steps of the Individual Defusing Model*
- *Describe Critical Incident Stress Management and Critical Incident Stress debriefing*
- *Define burnout and Compassion Fatigue and describe related symptoms*
- *Describe prevention and self-care strategies*
- *Identify the four phases of emergency management, the eight phases of disaster, and key concepts of disaster mental health*
- *Compare various types of natural and human-caused disasters, and identify unique components of each*

I have acquired equivalency for Traumatology 1001 as follows:

Course Name: \_\_\_\_\_ Date Completed: \_\_\_\_\_

Educational Institution: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

- Enclosed is a copy of my transcript/certificate that reflects my completion of this course.
- Enclosed is a copy of the course syllabi (us).
  - Enclosed is Transcript & Equivalency Fee of \$50.00
  - Enclosed is Field Traumatology Certificate Fee of \$50.00
- Enclosed is a Transcript & Equivalency Fee and a Field Traumatology Certificate Fee of \$100.00

## TRAUMATOLOGY 1002 – Clinical Practice of Traumatology

This review of clinical treatments in the field of traumatology covers all the research, theory and practice information which ensures that the traumatologist can treat clients appropriately. Ethics, treatment manuals, peer review, supervision and compassion stress/fatigue are discussed and applied to the traumatic treatment settings of the course.

Participants learn to conduct informal assessments that could contribute to a professional diagnosis, to distinguish between normal and aberrant behavior, to handle cases with great skill, and to have minimal negative impact upon the client and family.

Equivalency will be awarded for those applicant who have successfully demonstrated that they have achieved the following knowledge and skills from their training and work outside the International Traumatology Institute:

1. *Identify the continuum of post-traumatic stress responses and disorders from the perspective of trauma theory; including dissociative and DESNOS phenomena;*
2. *Identify the major symptoms of acute and chronic post-traumatic stress disorders, including possible implications for personality development;*
3. *Identify and discuss how symptoms of post-traumatic stress disorders may be misdiagnosed*
4. *Identify five (5) instruments used to assess disorders associated with traumatic stress and discuss the potential merits and deficits of each*
5. *Understand the utility of phase-oriented treatment with trauma survivors with an ability to implement a tri-phasic treatment trajectory;*
6. *Develop understanding and skills for helping clients to establish inter- and intrapersonal safety including self-soothing and containment skills.*
7. *Compare and contrast six (6) Green Cross Projects' Approved brief treatments for post-traumatic stress disorders (CBT; VKD; EFT/TFT; TLTT; EMDR; TIR).*
8. *Understand the proposed and theoretical "active ingredients" to effective trauma treatment;*
9. *Discuss how the therapist may effectively employ the "self" as a tool for healing.*

I have acquired equivalency for Traumatology 1001 as follows:

Course Name: \_\_\_\_\_ Date Completed: \_\_\_\_\_

Educational Institution: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

- Enclosed is a copy of my transcript/certificate that reflects my completion of this course.
- Enclosed is a copy of the course syllabi (us).
- Enclosed is Transcript & Equivalency Fee of \$50.00

## **TRAUMATOLOGY 1003 - Contextual Applications & Systemic Traumatology**

One of the Traumatology Institute's most important goals is to empower the community, the family, the company, and the individual. This course deals with the social work and case management associated with fitting the client with treatment.

Participants learn how age, gender, race, culture, social class, community standards of care, and other factors are important in designing and implementing a treatment program that fits the needs of the client perfectly and concludes the program at the request and needs of the client.

Equivalency will be awarded for those applicant who have successfully demonstrated that they have achieved the following knowledge and skills from their training and work outside the International Traumatology Institute:

- *Aware of effective screening, intake, assessment and treatment skills with traumatized individuals(children), families and groups that varies by the characteristics of the clients. Special section on stabilization and treatment of children.*
- *Knowledgeable of family systems relative to traumatic stress and be able to provide systemic interventions with the entire traumatized family and/or other system(s).*
- *Knowledgeable about variations in response to trauma among various cultural, racial, gender, and age groups and communities.*
- *Able to recognize effective efforts at trauma stabilization and resolution that changed to meet the unique requirements of communities.*
- *Aware of what is a competent case management with traumatized clients including recording, report-writing, ancillary services and referral as it varies by context.*
- *Aware of the superordinate ethical standards for traumatology and the respect for differences.*
- *Aware of context flexible treatments, assessments, and techniques that work across contexts.*

I have acquired equivalency for Traumatology 1003 as follows:

Course Name: \_\_\_\_\_ Date Completed: \_\_\_\_\_

Educational Institution: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

- Enclosed is a copy of my transcript/certificate which reflects my completion of this course.
- Enclosed is a copy of the course syllabus.
- Enclosed is Transcript & Equivalency Fee of \$50.00

## **TRAUMATOLOGY 1004 - Clinical Treatment Skills (Trauma Resolution)**

In this course, participants meet the comprehensive training requirements in one of the ITI-approved treatment approaches. These include: Cognitive Behavioral Therapy (CBT), Traumatic Incident Reduction (TIR), Visual/Kinesthetic Dissociation (V/KD), Eye Movement Desensitization and Reprocessing (EMDR), and Time-Limited Trauma Therapy with the Video Dialogue Technique. The applicant must produce documentation that they have received certification training in an approved course for one of these above protocols. For CBT, the applicant should provide documentation of trauma-specific training in both exposure strategies (e.g., Direct Therapeutic Exposure, flooding techniques, systematic desensitization, etc), anxiety reductions protocols (e.g., biofeedback, progressive relaxation, visualization, etc), and cognitive restructuring techniques.

*Participants learn* the application and usefulness of each of these criteria. Some of these approaches require the participant to perform several hours of supervised practice in addition to the 20 hours of classroom instruction.

I have acquired equivalency for Traumatology 1004 as follows:

Course Name: \_\_\_\_\_ Date Completed: \_\_\_\_\_

Educational Institution: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

- Enclosed is a copy of my transcript/certificate that reflects my completion of this course.
- Enclosed is a copy of the course syllabus.
- Enclosed is Transcript & Equivalency Fee of \$50.00

## **Traumatology 1005. Practicum & Supervision**

In this practicum, participants actually practice and demonstrate proficiency in clinical and field traumatology skills under the supervision of a Certified Traumatologist of the Traumatology Institute (or equivalent). Traumatology 1005 covers the 20 supervised hours required for certification. Participants may begin this supervised practicum before having completed the 100 required hours of face-to-face contact but should have at least some experience working with “clients.” Participants must, however, have completed the 100 hours before completing Traumatology 1005.. Participants are responsible for successfully completing 100 face-to-face hours of clinical practice, involving direct contact with traumatized individuals, families, and/or communities. .)

o I have successfully completed **100 hours of practicum.**

I have enclosed a letter from my past/present supervisor (that is either a Certified Traumatologist or equivalent – include CV) that attests to my skills as a traumatologist and my completion of 100 face-to-face hours working with traumatized individuals, families, and/or communities

o I have successfully completed **20 hours of supervision**

I have enclosed a letter from my past/present supervisor (that is either a Certified Traumatologist or equivalent – include CV) that attests to my skills as a traumatologist and indicates that I have completed 20 hours of supervision

o Enclosed is Transcript & Equivalency Fee of \$50.00

*(Attach additional sheets if necessary.)*



## CERTIFICATION

### **IV. Code of Ethics**

As Traumatologists certified with the Traumatology Institute we are committed to the following ethical principles in our work with individuals, groups and communities who experience trauma in its many forms. In addition, we have a dedication to each other as a supportive collegial network respecting all our levels of experience and training.

#### **Principle I: Respect for the Dignity of Persons**

As trauma responders, we have an abiding respect for individuals who are experiencing devastating traumatic events in their lives. We are committed to recognizing the inherent dignity that people possess, with all the personal, social, spiritual and cultural diversity present in our society. We make every effort to provide interventions with respect to the dignity of those we serve as a primary ethical commitment. It is not our right to judge others, but rather assist them to understand, and ultimately come to terms with, the devastating events they have experienced.

We are dedicated to helping individuals, groups, and communities build on their unique strengths; to help enhance their coping skills, and, in the best possible time, to encourage their strengths so that they once again become self reliant and independent.

#### **Principle II: Responsible Caring**

Traumatologists certified with the Traumatology Institute are dedicated at all times to approaches that are caring, compassionate, and positive in our interventions. This commitment requires a dedicated sense of responsibility to those we serve. It is the requirements and interests of others that is paramount in our work.

We have an essential commitment to extend our caring to our colleagues and ourselves. We support our colleagues in their work and interventions and are available as involved colleagues when our own members need help.

Our dedication is to a collegial atmosphere of nonjudgmental support for our colleagues. We ensure that we remain personally healthy as trauma responders, and contribute in supportive ways to our own well-being as we intervene and provide interventions.

We are committed to engage in proactive self-care and ongoing support and education.

Whether we are part of a peer debriefing team, individual trauma counselors, members of a community disaster response team, or members of a victim assistance group, we are committed to being available and providing cooperative support and help with issues of personal stress associated with trauma interventions and counseling.

We engage in mutual support and continuing education in all the appropriate areas of trauma response, not only to remain current and enhance our training, but to ensure that our interventions are appropriate and up to date, so that as trauma responders we are engaged in healthy self-care.

#### **Principle III: Integrity in Relationships**

We are dedicated to a strong sense of integrity in the relationships we develop with the traumatized individuals and groups to whom we provide interventions, including ourselves. As trauma responders we have a duty to be forthright in all our actions and behavior. Ensuring that we present ourselves as being competent in our training, knowledge and credentials; we do not misrepresent qualifications and levels of competence. We make every effort to extend respect to others, at all levels in our society, and with any organization. We ensure that the right of confidentiality and privacy is actively maintained for those we serve. We have a positive attitude about the well-being of others to the point where we are confident that our interventions “do no harm,” as we engage in providing help and interventions.

We hold fast to the Commitment of Confidentiality as a guiding principle in the interventions we provide. We are not afraid to indicate that we do not have all the answers and we are open and willing to learn.

We ensure that we refer traumatized individuals to the appropriate resources, providing ongoing liaison support for those who need it until additional support can be obtained.

We avoid, and exercise due caution whenever we find ourselves in, dual relationships with victims of trauma or those needing interventions. For example, we refer family members and personal friends to colleagues rather than provide interventions ourselves. Within organizations we ensure confidentiality for those we help and do not engage in practices that interfere with their right to privacy, respect and dignity.

**Principle IV: Responsibility to Society**

The Traumatology Institute is founded on the belief that as traumatologists we are committed to responding to the needs of society at all levels, from individual events to the needs of traumatized groups and communities. In addition, we are committed to meeting the needs of our members in the areas of continuing education. Our ethical goal is a strong commitment to a mutually supportive group of colleagues who can bring trauma response skills and intervention strategies to people all over the world as the need arises; with a sense of responsibility to the people we wish to serve.

Each of us has something to contribute and provide in the area of interventions. People all over the world experience trauma in all its forms. As Traumatologists responding to traumatic events, we are dedicated to meeting the needs of our Society in a forthright ethical manner.

As Traumatologists, we dedicate our responses to providing appropriate support for individuals and community, to enhance the social fabric, and for the ultimate good of the societies in which we live as well as those around the world

If certified by the International Traumatology Institute, I agree to abide by these ethical principles.

**V. Disclaimer of Liability**

I am applying for certification as a Field Traumatologist or Certified Traumatologist with the Traumatology Institute. I understand that earning the designation of Field or Certified Traumatologist means that I have fulfilled the requirements established by the Traumatology Institute Board. I also understand that certification in no way implies that the Traumatology Institute, The Florida State University, or The Florida State University Center for Professional Development is liable for my actions in delivering traumatology-related services.

**VI. Signature**

I have completed this application accurately and truthfully, to the best of my knowledge. I have read the Traumatology Institute's Code of Ethics and agree to abide by its principles in my work as a Traumatologist. I have read the Disclaimer of Liability and agree to it.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date \_\_\_\_\_